



Leader Effectiveness Self-Assessment

Mark each statement T for true or F for false. ("Sort of" doesn't count.)

- I feel alive, flexible, and passionate about my life and work.
- I have a personal mantra or quote that serves as my touchstone.
- I clearly articulate an inspiring vision for my organization.
- I encourage the development and communication of organizational values.
- I spend some time each day to plan.
- I prioritize, basing individual and business goals on personal and organizational values.
- I work efficiently, focusing on my highest-value activities.
- I seek opportunities for professional development, for myself and those I lead.
- I provide direction and delegate responsibilities effectively.
- I regularly acknowledge and champion others.
- I create healthy, rewarding relationships at work and at home.
- I am told that I have excellent listening and communication skills.
- I have a great support system in place.
- I know my stress warning signals and what to do about them.
- I take time on a daily basis to rejuvenate myself and attend to personal needs.
- I know when and how to say "No" and I do it without hesitation or guilt.
- I do not allow work to take over my sense of who I am, either by long hours or not being able to turn it off when appropriate.
- I do not squander time or energy obsessing over what I cannot control.
- I am completely comfortable and confident with my self-image and how I come across to others.
- I know my signature strengths and am satisfied that I am using them to best effect.

Give yourself 5 points for each True answer.

Total score: _____

Scoring:

- 0-25 - What one change would give you the greatest benefit?
- 30-45 - How will you make yourself more of a priority?
- 50-65 - Average effectiveness and satisfaction. What will raise your score?
- 70-75 - You're on your way. Where is your growing edge?
- 80-85 - You're walking the talk. What will it take to go from good to great?
- 90-100 - Sensational! How will you coach others to the same level?

- ▶ **What behaviors most enhance your effectiveness?**
- ▶ **What behaviors most detract from your effectiveness?**
- ▶ **Which 2-3 false answers do you most want to be true?**